
QPR: Suicide Prevention Training

Question. Persuade. Refer.

Three steps anyone can learn to help save a life from suicide.



In QPR You Will Learn To:

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

Just as people trained in CPR help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and direct that person to the proper care. Anyone in a position to recognize a crisis and the warning signs that someone may be contemplating suicide can be trained in QPR. The need for early recognition of suicide warning signs cannot be overemphasized.

Saturday, August 29, 2020

10:00am-12:00pm

Live on Zoom.

FREE. Registration required.

Facilitated by Andy Cartmill and UA290 Apprentice Peer Support Leaders.

To register contact Tori Geter, UA Local 290 Wellness Program

541-646-1493 (call or text), Email: wellness@ua290.org

